Red Rope Route card for simpler walks	Date: Weather:
Description of walk/climb/cycle ride	
Total distance and pace	….. k Circle: 2k. 3k. 4k.
Start and Finish time including time for breaks	
Group Safety Equipment checklist	Group Shelter First Aid Kit Walkers rope
Car and driver Include reg. no., make and colour of car	
Names and phone numbers of all in group	